

Patient's Bladder Diary

PATIENT STICKER



ADVANCED UROLOGY ASSOCIATES

<https://urology.com.sg/>

Instructions:

- 1. Record the time you pass urine
- 2. Measure and record the amount of fluid intake in milliliters (ml)
- 3. Measure and record the amount of urine passed in milliliters (ml) using the measuring jug provided
- 4. Do this voiding chart for at least 3 days

DAY 1					DAY 2					DAY 3				
TIME	URINE PASSED (ml)	FLUID INTAKE (ml)	LEAKAGE (Y/N)	NOTES	TIME	URINE PASSED (ml)	FLUID INTAKE (ml)	LEAKAGE (Y/N)	NOTES	TIME	URINE PASSED (ml)	FLUID INTAKE (ml)	LEAKAGE (Y/N)	NOTES

Summary Section (To be completed after recording)	DAY 1	DAY 2	DAY 3	AVERAGE
Total Urine Passed (ml)				
Total Fluid Intake (ml)				
Number of Voidings				
Number of Leakage Episodes				
Average Voided Volume (ml)				